

# French Braids

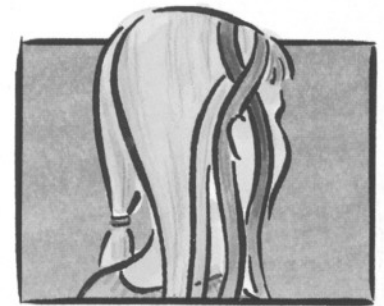
Practice makes perfect with this classic style!



**1** Make a part down the back of your head for pigtails. Use an elastic to hold 1 section off to the side.



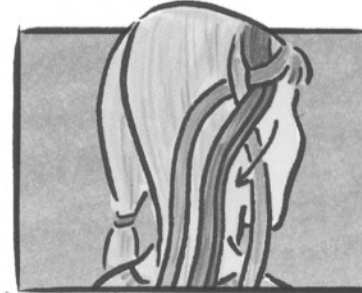
**2** On the other side, gather hair from the front of your head and separate it into 3 even sections.



**3** Begin by crossing over the sections once, like you would in a normal braid.



**4** Grab a few strands of hair to the right of the braid and add it to the right-hand section. Cross the section over the center.



**5** Grab a few strands of hair to the left of the braid and add it to the left-hand section. Cross the section over the center.



**6** Repeat until all hair has been added, then continue with a regular braid. Tie off with an elastic. Repeat on the other side.



1. *Dampen hair with spray bottle and brush hair back.*



2. *Part hair on the right.*



3. *Add part to separate the front, left portion of the hair and have the dancer hold this section for you.*



4. *Use an elastic to hold the back section of hair in the back while you braid the front section.*



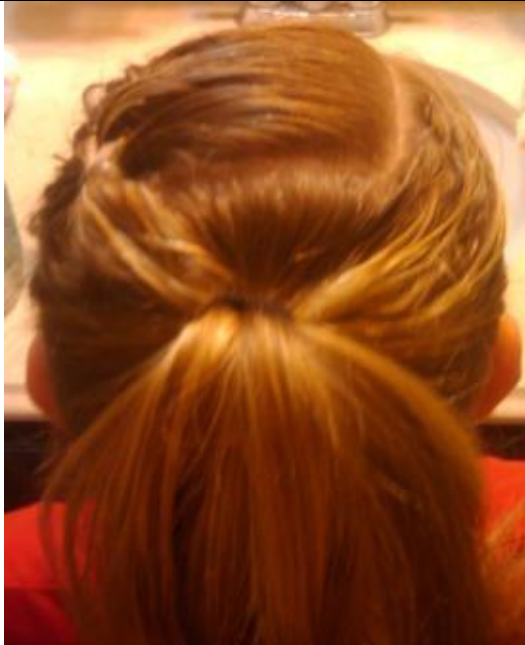
5. *French Braid the front section of the hair using the French Braid handout for guidance. Continue with a regular braid before tying off with clear band.*



6. *Use a small clear elastic band to secure the French Braid.*



7. *Secure the braid with the small clear elastic at the point where the regular braid begins. Once secure, allow the regular braid to unravel. Use hair spray to keep wispies down.*



8. *Take out the elastic used to hold the back section of hair out of your way while you braided the front section, and pull all the hair into a high pony on the flat spot of the dancer's head.*